

2024 RENEWAL & RECOVERY RETREAT

for Military Service Academy Alumnae
Sexual Assault Survivors

*A personal journey toward greater health, connection,
and wholeness*



October 23-27, 2024



Waverly, Georgia

Offered by:



ROOTED
WITHIN

Now accepting applications for up
to 24 women MSA alumnae survivors of sexual assault.

Up to 6 spots available per MSA

Attendees pay only a \$150 fee and partial travel costs

This empowering and affirming retreat is both enjoyable and an opportunity to make personal shifts necessary to recover from the stress of the past and move forward into the life that you envision.

Expect to leave the retreat having taken steps towards creating a supportive community, healing from trauma, and accessing resources to continue your healing journey.

Email info@rootedwithin.org
for more information or an application